

HOW YOU CAN RECEIVE REQUIRED TRAINING CREDIT

FCSN reminds that foster care parents take the CE Test as a training tool and that participating agencies credit parents with one hour of training credit. Please note that the training has been completed. Once this program is in place, you must only read the FCSN CE Test, answer the questions, and then return it to your agency every month. A completed test, returned to the agency, earns an additional hour of training credit. Even if you do not receive credit for training time, the FCSN CE Test is a great way to test and enhance your foster care knowledge.

CE TEST QUESTIONS

Name _____ Phone _____
Company _____
Address _____
City _____ State _____ ZIP _____

"Addressing Runaway Behavior" Questions:

1. Decide if the following statement is true or false: The term "runaway" means the same thing as a "missing child."
 True False
2. Complete the following statement: Before foster parents can address runaway behavior, they need to have a better understanding of _____ of _____ foster youth run away.
1. _____ 2. _____ 3. _____
3. Decide if the following statement is true or false: Youth who run away from foster care are nearly always running away from home. True False
4. The article lists four general reasons why youth run away from home. Name three of them.
1. _____ 2. _____ 3. _____
5. The article also lists four additional reasons why juveniles run away from a foster home. Name three of them.
1. _____ 2. _____ 3. _____
6. Decide if the following statement is true or false: Most juveniles carefully plan and calculate the timing of their departures. True False
7. Decide which of the following statements is NOT correct: A) Foster parent Bobbi Andrzzejek's "15-minute rule" has been successful in preventing runaway behavior. B) Bette Hoxie has found a two-pronged approach helpful. C) The National Runaway Switchboard is useful for youth, but parents are exempt from calling the toll-free number. A B C
8. Decide which of the following statements about foster youth observations is NOT correct: A) Youth felt they should be allowed to see their birth family more often. B) Most youth do not hate the foster care system. C) Most youth felt they could talk to their foster parents. A B C
9. Complete the following statements: A juvenile who feels _____ and _____ is more likely to run away. Conversely, spending _____ with, and _____ to, a foster youth will often help _____ runaway behavior.
1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____
10. Decide which of the following is NOT one of the 10 additional recommendations listed for foster parents. A) Give respect. B) Lecture youth as much as possible. C) Understand the youth (and their point of view). A B C
11. Decide if the following statement is true or false: Parents need to know what's going on, but asking too many questions often shuts off information. True False
12. The article lists four suggestions for parents if a youth has run away. Name three of them.
1. _____ 2. _____ 3. _____

Please send questions or comments to: Foster Care Support Network.

Foster Care Support Network

CE Test

Goals for Children...Training for Foster and Adoptive Parents FCSN Volume 11, No. 02

Addressing Runaway Behavior

Important Publisher's Note: FCSN reminds members that its annual membership fee covers shipping & handling costs. Additional CE Tests are NOT to be copied; reproduction without written permission is punishable by a fine up to \$100,000. Additional CE Tests can be purchased at a very reasonable fee. Just call us at 800-350-4422 if you have any questions or would like to receive additional tests. In addition to being punishable by law, reproduction abuses may cause FCSN to increase membership cost.

A sizable fraction of older youth in foster care run away from their placement home at least once; many run multiple times. Estimates vary, but the numbers indicate a serious problem. According to one study, 46% of 17-year-olds in substitute care (e.g. foster care and group homes) in Illinois, Iowa, and Wisconsin stated that they ran away from care at some point in their lives.

Who Runs Away
Not surprisingly, juveniles in substitute care are more likely to run away than youth who live at home with a biological parent. Research has revealed some additional facts:

Friends, boyfriends or girlfriends, and/or family. General reasons for running away from home include:

♦ Recurrent arguments about typical parent-child issues, such as staying out late, permission to attend a party or concert, arguments with siblings, choice of friends, school

♦ Juveniles in foster care are most likely to run away during the first few months after placement.

Foster Care Support Network

CE Test Agency Copy

Goals for Children...Training for Foster and Adoptive Parents FCSN Volume 11, No. 02

ANSWER SHEET

"Addressing Runaway Behavior" Questions and Answers:

1. Decide if the following statement is true or false: The term "runaway" means the same thing as a "missing child."
Answer: False.
2. Complete the following statement: Before foster parents can address runaway behavior, they need to have a better understanding of _____ of _____ foster youth run away. **Answer:** 1) understanding; 2) who; 3) why.
3. Decide if the following statement is true or false: Youth who run away from foster care are nearly always running away from home. **Answer:** False.
4. The article lists four general reasons why youth run away from home. Name three of them. **Answer:** 1) Recurrent arguments about typical parent-child issues; 2) Avoidance of a difficult encounter with parents; 3) Rules, expectations and discipline seen as excessive or authoritarian by youth; and 4) Tension or problems adjusting to a new family.
5. The article also lists four additional reasons why juveniles run away from a foster home. Name three of them. **Answer:** 1) To get attention or provoke a reaction; 2) To seek privacy; 3) To protect themselves from bullying or other harassment; 4) To resist limits and boundaries.
6. Decide if the following statement is true or false: Most juveniles carefully plan and calculate the timing of their departures. **Answer:** False.
7. Decide which of the following statements is NOT correct: A) Foster parent Bobbi Andrzzejek's "15-minute rule" has been successful in preventing runaway behavior. B) Bette Hoxie has found a two-pronged approach helpful. C) The National Runaway Switchboard is useful for youth, but parents are exempt from calling the toll-free number. **Answer:** C.
8. Decide which of the following statements about foster youth observations is NOT correct: A) Youth felt they should be allowed to see their birth family more often. B) Most youth do not hate the foster care system. C) Most youth felt they could talk to their foster parents. **Answer:** C.
9. Complete the following statements: A juvenile who feels _____ and _____ is more likely to run away. Conversely, spending _____ with, and _____ to, a foster youth will often help _____ runaway behavior. **Answer:** 1) alone; 2) isolated; 3) insecure; 4) time; 5) listening; 6) prevent.
10. Decide which of the following is NOT one of the 10 additional recommendations listed for foster parents. A) Give respect. B) Lecture youth as much as possible. C) Understand the youth (and their point of view). **Answer:** B.
11. Decide if the following statement is true or false: Parents need to know what's going on, but asking too many questions often shuts off information. **Answer:** True.
12. The article lists four suggestions for parents if a youth has run away. Name three of them. **Answer:** 1) Think clearly; 2) Take action; 3) Look for clues; 4) Remain calm.

Please send questions or comments to: Foster Care Support Network, P.O. Box 322, Waupaca, WI 54981, or call 715-258-2448.

FCSN MEMBERSHIP

Membership for FCSN includes one monthly FCSN CE Test. Additional copies of the FCSN CE Test can be purchased. That could mean 12 hours of training for one foster parent. For membership or additional copies of the FCSN CE Test, please call us at 715-258-2448.

FCSN

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Foster Care Support Network Certificate of Training

This is to certify that

_____ has completed the Foster Care Support Network CE TEST
Addressing Runaway Behavior

Volume 11, Number 2

FCSN Training Provider

FCSN Director



Foster Care Support Network • P.O. Box 322, Waupaca, WI 54981 • Phone: 715-258-2448 • Fax: 715-258-2448 • Web: www.impactpublications.com

How to use FCSN CE-Tests:

- 1) **HAND OUT** the Foster Parent Copy of the FCSN CE-Test (Test with questions on the back) to your foster parent(s). They should read the 3-page article and answer the questions on the back page.
- 2) **FOSTER PARENTS SHOULD RETURN COMPLETED TEST** to the Foster Care Coordinator or Training Supervisor.
- 3) **THE FOSTER CARE COORDINATOR or TRAINING SUPERVISOR SHOULD CORRECT THE TEST**, then make a copy of the test answer sheet that was filled in by your foster parent(s). Keep a copy of this for the Agency's records and return the test to your foster parent(s) to keep as a resource. The training supervisor will then sign and date the certificate of completion and keep it on file for records as proof of 1 hour of training credit.

If you have any questions, please call us at 1-800-350-4422

PLEASE DO NOT MAIL COMPLETED TESTS BACK TO FOSTER CARE SUPPORT NETWORK